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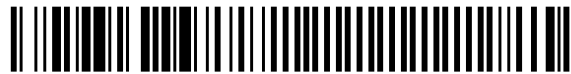
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**UNITED STATES BANKRUPTCY COURT
SOUTHERN DISTRICT OF NEW YORK**

In re:)	Chapter 11
)	
BALLY TOTAL FITNESS OF)	
GREATER NEW YORK, INC., <u>et al.</u> ,)	Case No. 07-12395 (BRL)
)	
Reorganized Debtors.)	
)	Jointly Administered

**NOTICE OF OCCURRENCE OF EFFECTIVE DATE
UNDER PLAN OF REORGANIZATION AND
SCHEDULING OF FUTURE OMNIBUS HEARING DATES**



PLEASE TAKE NOTICE that, on September 17, 2007, the Bankruptcy Court for the Southern District of New York (the “**Bankruptcy Court**”) entered an order (the “**Confirmation Order**”) in the chapter 11 cases of the above-captioned debtors and debtors-in-possession (collectively, the “**Reorganized Debtors**”),¹ confirming The First Amended Joint Prepackaged Chapter 11 Plan Of Reorganization Of Bally Total Fitness Holding Corporation And Its Affiliate Debtors, dated September 17, 2007 (as confirmed, the “**Plan**”). Capitalized terms used and not otherwise defined herein shall have the meanings ascribed to them in the Plan.

PLEASE TAKE FURTHER NOTICE that, on October 1, 2007, the transactions with Harbinger Capital Partners Master Fund I, Ltd. and Harbinger Capital Partners Special Situations Fund L.P. contemplated under the Plan were consummated and the Effective Date under the Plan occurred.

PLEASE TAKE FURTHER NOTICE that the Bankruptcy Court scheduled the following omnibus hearing dates in these chapter 11 cases:

- (1) Thursday, October 25, 2007 at 10 a.m. (Prevailing Eastern Time); and
- (2) Wednesday, November 28, 2007 at 10 a.m. (Prevailing Eastern Time).

PLEASE TAKE FURTHER NOTICE that the omnibus hearings will be held before the Honorable Judge Lifland, in the United States Bankruptcy Court for the Southern District of New York, Courtroom 623, Alexander Hamilton Customs House, One Bowling Green, New York, 10004-1408.

¹ The Reorganized Debtors in these proceedings are: Bally Total Fitness of Greater New York, Inc., Bally Total Fitness Holding Corporation, Bally Total Fitness Corporation, Bally ARA Corporation, Bally Fitness Franchising, Inc., Bally Franchise RSC, Inc., Bally Franchising Holdings, Inc., Bally Real Estate I LLC, Bally REFS West Hartford, LLC, Bally Sports Clubs, Inc., Bally Total Fitness Franchising, Inc., Bally Total Fitness International, Inc., Bally Total Fitness of California, Inc., Bally Total Fitness of Colorado, Inc., Bally Total Fitness of Connecticut Coast, Inc., Bally Total Fitness of Connecticut Valley, Inc., Bally Total Fitness of Minnesota, Inc., Bally Total Fitness of Missouri, Inc., Bally Total Fitness of Philadelphia, Inc., Bally Total Fitness of Rhode Island, Inc., Bally Total Fitness of the Mid-Atlantic, Inc., Bally Total Fitness of the Midwest, Inc., Bally Total Fitness of the Southeast, Inc., Bally Total Fitness of Toledo, Inc., Bally Total Fitness of Upstate New York, Inc., BTF Cincinnati Corporation, BTF Europe Corporation, BTF Indianapolis Corporation, BTF Minneapolis Corporation, BTF/CFI, Inc., BTFCC, Inc., BTFF Corporation, Greater Philly No. 1 Holding Company, Greater Philly No. 2 Holding Company, Health & Tennis Corporation of New York, Holiday Health Clubs of the East Coast, Inc., Holiday/Southeast Holding Corp., Jack La Lanne Holding Corp., New Fitness Holding Co., Inc., Nycon Holding Co., Inc., Rhode Island Holding Company, Tideland's Holiday Health Clubs, Inc., and U.S. Health, Inc.

PLEASE TAKE FURTHER NOTICE that the following motions (the “**Motions**”) will be heard by the Bankruptcy Court at the October 25, 2007 omnibus hearing (the “**Hearing**”), assuming that a hearing is required pursuant to the Case Management Order (as defined below):

1. Supplemental Application Of The Debtors To Expand The Scope Of The Employment And Retention Of KPMG LLP As Accountants And Auditors For The Debtors And Debtors-In-Possession - Docket No. 409 – filed on September 7, 2007
2. Debtors’ Motion For Order Authorizing Debtors To Reject West 83rd Street Lease Agreements - Docket No. 451 – filed on September 14, 2007
3. Debtors’ Motion For Order Authorizing Debtors To Reject 25 Broadway Lease And Sublease Agreements - Docket No. 453 – filed on September 14, 2007
4. Debtors’ Motion For Order Extending Time Within Which Debtors May Assume, Assume And Assign, Or Reject Five Unexpired Crunch Leases And One Sublease For Nonresidential Real Property - Docket No. 455 – filed on September 14, 2007
5. Debtors’ Motion For Order Authorizing Debtors To Reject Grand & Wabash Lease (38 E. Grand Avenue, Chicago, IL) - Docket No. 457 – filed on September 14, 2007
6. Debtors’ Motion For Order Authorizing Debtors To Reject Kips Bay Lease Agreements (542-580 Second Avenue, New York, NY) - Docket No. 459 – filed on September 14, 2007
7. Debtors’ Motion For Order Authorizing Debtors To Reject Lafayette Lease Agreements (708 Broadway/404 Lafayette Street, New York, NY) - - Docket No. 461 – filed on September 14, 2007
8. Debtors’ Motion For An Order Approving A Settlement Term Sheet Between The Debtors, Paul Toback And Cary Gaan - - Docket No. 480 - filed on September 21, 2007

PLEASE TAKE FURTHER NOTICE that, given the occurrence of the Effective Date, the following motions to lift the automatic stay are statutorily moot and, therefore, will **not** be heard at the Hearing:

1. Hans Bos, Motion for Relief from Stay - Docket No. 325 – filed on August 28, 2007
2. Antonio Lee Notice of Motion for Relief From The Automatic Stay - Docket No. 217 – filed on August 16, 2007
3. 150 Sylvan Notice of Motion for Partial Lifting of Stay - Docket No. 353 – filed on September 4, 2007
4. Martin S. Cedzidlo Motion for Relief From The Automatic Stay - Docket No. 438 – filed on September 7, 2007
5. Trindafilia Makris Motion for Relief From The Automatic Stay – Not Yet on Docket

PLEASE TAKE FURTHER NOTICE that the Hearing may be adjourned thereafter from time to time without further notice.

PLEASE TAKE FURTHER NOTICE that responses or objections to the Motions, if any, must (i) comply with the Federal Rules of Bankruptcy Procedure and the Local Bankruptcy Rules of the Bankruptcy Court, (ii) be set forth in writing describing the basis therefore, and (iii) be filed with the Bankruptcy Court electronically in accordance with General Order M-242, as amended by General Order M-269, by registered users of the Bankruptcy Court’s electronic case filing system (the Users’ Manual for the Electronic Case Filing System can be found at www.nysb.uscourts.gov, the official website for the Bankruptcy Court), with a hard copy delivered directly to Chambers.

PLEASE TAKE FURTHER NOTICE that any such responses or objections must also be served (i) in accordance with the *Order Establishing Certain Notice, Cash Management and Administrative Procedures* (the “**Case Management Order**,” as amended), entered by the Bankruptcy Court in these cases on August 2, 2007 (Docket No. 86), and (ii) upon Reorganized Debtors’ counsel identified below and each other member of the Master Service List (as defined in the Case Management Order), in each case so as to be actually received no later than the objection date specified by the applicable Motion (the “**Objection Deadline**”).

PLEASE TAKE FURTHER NOTICE that only those objections made in writing and timely filed and received by the Objection Deadline will be considered by the Bankruptcy Court during the Hearing. If no objections to the Motions are timely filed and served in accordance with the procedures set forth herein, the Bankruptcy Court may enter a final order granting the Motions without further notice.

PLEASE TAKE FURTHER NOTICE THAT THE MOTIONS (AND ALL OTHER PLEADINGS FILED WITH, AND ORDERS GRANTED BY, THE BANKRUPTCY COURT) ARE AVAILABLE FOR INSPECTION ON THE BANKRUPTCY COURT'S INTERNET SITE AT WWW.NYSB.USCOURTS.GOV AND AT NO COST FROM THE REORGANIZED DEBTORS' RESTRUCTURING WEBSITE: WWW.KCCLLC.NET/BALLY. THEY ARE ALSO AVAILABLE UPON REQUEST FOR NO FEE BY CALLING (888) 251-3046.

Dated: October 2, 2007
New York, NY

Respectfully submitted,

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